

DONATE

VOLUNTEER

WEBSITE

MARCH 2023



MESSAGE FROM THE STAFF

Hello, my name is Allison Evenson. I'm the Development Coordinator and have been with NW Sarcoma Foundation since June 2021. I remember when I was interviewing for this position thinking, "If I get this job, this would be a wonderful organization to give my time and energy to." I still feel this way today. I am very proud to wake up and put in my time and energy for an organization that truly cares for anyone who has been affected by Sarcoma.

The foundation's main goal when I started was to build our donor management system and clean up hundreds of spreadsheets and thousands of rows of data. By doing this, we've been able to clearly see who our donors are. This was no easy feat, but with the support of the foundation and the team, I was able to get it done.

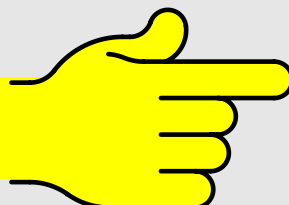
Now that we have all this data in, we've been able to form our Development Committee. In this committee, we discuss ways to implement our major donor fundraising strategy. Our goal is to build and retain relationships with donors who are close to the foundation. We want to grow and learn from you! We want to continue to find ways to make a significant impact in people's lives who have been affected by Sarcoma. While we are a small, yet mighty team, we can't do this without people like you.

Whether it be coming to our events (virtually or in-person), volunteering, or donating regularly, we want to thank you for your support! If you'd like to get more involved, please consider signing up for a committee below or email us at info@nwsarcoma.org. We'd love to have you!

Volunteer with us!

During 2022 volunteer committees were created. We need more volunteers to help support the mission. Calling all volunteers!!! Consider which committee interests you.

WE NEED YOU!



[Programs Committee](#)
[Events Committee](#)
[Marketing-Communications Committee](#)
[Development Committee](#)

A SARCOMA STORY



My name is **Joshua**.

My journey with **Spindle Cell Rhabdomyosarcoma** started in

**OCT
2018**



For years, I complained of back pain and the solutions were to diet, exercise, and lose weight. I had done all of that and **the pain never went away**. So as time went on, I dealt with the pain simply thinking I was just getting older with aches and pains.

I was a garbage man for almost 20 years before my incident. While at work, I was on top of my truck (13 ft 8in) . I lost my footing and fell off the top of the truck. I was taken to a local E.R. **Once again**, I complained of back pain. They did x-rays of my back and nothing showed. I was sent home. The following morning, I was unable to get out of bed. I went back to the same E.R. and again complained of severe back pain. Finally the doctor arrived asking questions. He asked where it hurt; I showed him. It wasn't my back at all. It was my pelvis and hip region. More scans and x-rays showed something, but the doctor said **he'd never seen anything like it**.



I was immediately referred to a specialist . **I indeed had cancer**. On February 15, 2019, I had my entire left hip, half my pelvis, and the femoral head of my femur removed. Since then, there have been battles as one could imagine, but **the best thing I could do is stay positive and to give back**. The NWSF has been a great support system and have given a wealth of knowledge and experience to my journey. And for that, I remain positive, upbeat, and thankful.

NORTHWEST
SARCOMA
FOUNDATION
HOPE • EDUCATION • SUPPORT

MORE STORIES

We want your stories, not only from patients but caregivers and those whom we have lost too. Please join us in sharing more about Sarcoma from the perspective of those who have lived it. To share your story click [HERE](#)

Connecting with you in 2023!

HELP PROVIDE SUPPORT

Send Donated Items to NWSF

Northwest Sarcoma Foundation
117 E Louisa St #443
Seattle, WA 98102-3203

Care Package Wishlist

High Need Items

Bereavement Care Package Needs:	Patient Care Package Needs:
<ul style="list-style-type: none">*Picture Frames*Candles*Travel Mugs/Tea*Journals*Bath Supplies*Chicken Soup for the grieving soul	<ul style="list-style-type: none">*Travel Blankets*Fuzzy Ladies Socks*Snacks*Notebooks*Tea

Shop: Dollar Store - Walmart - Favorite Shopping Location - Amazon Smile Wishlist

UPCOMING PROGRAMS & EVENTS

Casual Chat



2nd Wednesday @ 6p.m. PT

CASUAL CHAT: SURVIVORS OF SARCOMA ANGELS

Casual chat for anyone who has lost someone to Sarcoma.

Fourth Monday of every month
6 - 7:30 p.m.

Register today to receive Zoom link.

4th Monday @ 6p.m. PT

CASUAL CHAT: SARCOMA CAREGIVERS

Casual chat for anyone who cares for someone with Sarcoma

Third Tuesday of every month
6:00 p.m. (Pacific Time)

Register today to receive Zoom link.

3rd Tuesday @ 6p.m. PT

NORTHWEST SARCOMA FOUNDATION

NORTHWEST SARCOMA FOUNDATION
HOPE EDUCATION SUPPORT

Casual Chats are free events:

Adult patients & survivors: Second Wednesday of every month.

Next meeting, 3/8/2023

Led by either Jo McNeal or Chelsea Winn

Caregivers: Third Tuesday of every month.

Next meeting, 3/21/2023

Volunteer peer-led by Anita Nelson

Sarcoma Bereavement: Fourth Monday of every month.

Next meeting, 3/27/2023

Register once, the same Zoom link each time.

Volunteer peer-led by either Donna Anderson or Christin Gray

UPCOMING PROGRAMS & EVENTS



Sarcoma Patient and Caregiver Education Program

March 25, 2023 (Saturday) | 9 a.m. to noon PST



Michael J. Wagner, MD
Chair



Stephanie K. Schaub, MD
Chair

Fred Hutchinson Cancer Center is hosting a free, virtual patient education event for sarcoma patients and caregivers, in partnership with the Northwest Sarcoma Foundation and Sarcoma Foundation of America.

During the event, providers will talk about:

- Introduction to sarcoma
- Updates to radiation for treating sarcoma
- Genetic testing
- Supportive care for patients with sarcoma
- Information on rehab medicine and survivorship.

Registration link:

FredHutch.org/classes-and-events



UW Medicine

Fred Hutchinson Cancer Center is an independent organization that serves as UW Medicine's cancer program.

OCCE-1222-00006 | Rev. 01/11/23

[REGISTER](#)



LOCATIONS

Imperial Bottle Shop | Portland, OR

Thursday, April 13, 2023 @ 6 p.m.

Liberty Lake Wine Cellars | Spokane, WA

Saturday, April 22, 2023 @ 6 p.m.

Old World Tasting Room | Seattle, WA

Thursday, April 27, 2023 @ 6 p.m.

TICKETS: \$50 INCLUDES HEAVY APPETIZERS & 1 DRINK TICKET INCLUDED (WINE, CIDER, OR BEER). LIMITED EVENT, 50 PEOPLE, GET YOUR TICKETS TODAY!

IMPERIAL BOTTLE SHOP & TAPROOM OWNER, SHAWN STACKPOOL, IS A SARCOMA SURVIVOR, AND TOGETHER WE INVITE YOU TO JOIN US TO PROVIDE HOPE (HAPPINESS, OPTIMISM, POSITIVE ENCOURAGEMENT) TO ANYONE AFFECTED BY SARCOMA IN THE PNW. COME HEAR OUR STORIES AND SHARE YOURS.

[Portland HGH](#)

TICKETS: \$50 INCLUDES HEAVY APPETIZERS & 1 DRINK TICKET INCLUDED (WINE, BEER, OR CIDER). LIMITED EVENT, 50 PEOPLE, GET YOUR TICKETS TODAY!

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[Spokane HGH](#)

TICKETS: \$50 INCLUDES HEAVY APPETIZERS & 1 DRINK TICKET INCLUDED (WINE, BEER, COKE PRODUCTS, OR SPARKLING WATER). LIMITED EVENT, 75 PEOPLE, GET YOUR TICKETS TODAY!

WE INVITE YOU TO JOIN US TO PROVIDE HOPE (HAPPINESS, OPTIMISM, POSITIVE ENCOURAGEMENT) TO ANYONE AFFECTED BY SARCOMA IN THE PNW. COME HEAR OUR STORIES AND SHARE YOURS.

[Seattle HGH](#)

Knights Unite

a remembrance event



May 6th
10am-12pm
at
OHSU
Knight Cancer
Institute

Hosted in
partnership
with:



KNIGHT
CANCER
Institute

Our 1st Remembrance event, Knights Unite. This FREE event is for those who have lost someone to Sarcoma to come together with others who understand your journey. This event will host a remembrance collage project along with memorial discussions. Please consider joining us for this inaugural event.

Location: Knight Cancer Institute

Date: Saturday, May 6, 2023

Time: 10 - 12 p.m.

Tickets: FREE!

Facilitator: Donna Anderson - volunteer

[REGISTER](#)

Re-imagining Pharma research & development for Sarcomas with a biomimetic, automation-ready animal platform for drug discovery.

In the United States, \$83 billion is spent annually by the pharmaceutical industry to develop new drugs. The R&D stage contributes \$26B in annual costs at a net \$474M per drug that reaches FDA approval. The process to develop a single drug generally takes 11-16 years. In the semiconductor industry, the Intel mantra is "fail fast" -- and in a startup, the goal is to find a technology that disrupts a market. The Children's Cancer Therapy Development Institute (cc-tdi.org) seeks to make the nonprofitable pursuit of curative drugs for rare childhood cancers and adult sarcomas more feasible through the introduction of disruptive, innovative engineering approaches more typical of the Oregon Silicon Forest.

[REGISTER](#)

JOIN US FOR:
RESEARCHER UPDATE NIGHT
WEDNESDAY, MAY 17, 2023 @ 7 P.M. PT



JOIN US TO LEARN
ABOUT THE RE-
IMAGINING PHARMA
RESEARCH &
DEVELOPMENT FOR
SARCOMAS.

CHARLES KELLER, MD, SCIENTIFIC DIRECTOR, CHILDREN'S CANCER THERAPY DEVELOPMENT INSTITUTE (CCTDI.ORG)

CHARLES' RESEARCH FOCUSES ON THE DEVELOPMENT OF MORE EFFECTIVE, LESS TOXIC THERAPIES FOR CHILDHOOD CANCERS.

FEBRUARY'S SOCIAL MEDIA BESTS



2023 CORPORATE PARTNERS



Fred Hutch
Cancer Center



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