



VOLUNTEER

DONATE

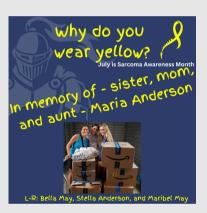
WEBSITE

JULY 2024

WHY I WEAR YELLOW - SARCOMA AWARENESS MONTH

July is Sarcoma Awareness month! We are doing our annual "Why I Wear Yellow" campaign. Please consider submitting your why and photo to: info@nwsarcoma.org

Bella, Stella & Maribel for their sister/mom /aunt



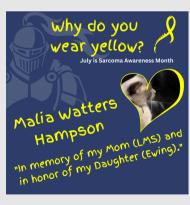


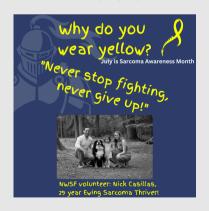


LeAnn for her daughter, a survivor who is becoming a doctor

Margarita for her daughter, Mariana

Malia in memory of her mom and in honor of her daughter





Why do you wear yellow?

"I wear yellow for my husband - Jeff, my friend, my hero. His journey was a rollercoaster ride!"

July is Sarcoma Awareness Month

Anita in memory of her husband

Nick, because he's the survivor

Volunteer with us!

Upcoming Committee meetings

<u>Development Committee</u> 7.9.2024 2nd Tues. ea. month 6 p.m. PT

<u>Programs Committee</u> 7.11 2024 - odd months, 2nd Thursday 10 a.m. PT

<u>Events Committee</u> 7.11.2024 2nd Thurs. ea. month 6 p.m. PT

<u>Marketing-Communications Committee</u> 7.17.2024 3:30 p.m. PT



RESEARCH NEWS



Clinical trial
expanding for ages
12+ for classic
Ewings Sarcoma!
Ask your physician
to learn more.

INHIBR

Knowledge is YOUR power.

Cancer mutational testing can be an empowering step in helping you navigate the journey ahead.

Talk with your doctor about IDH mutation testing and the targeted therapies Servier offers.



Targeted therapies identify and attack specific cancer cells that have mutations in their DNA or in their proteins.

These therapies typically block the activity of proteins or other signals in the body that can stimulate cancer growth and spread.

New clinical trial opening for Chondrosarcoma!
Ask your physician to learn more.



ADVOCATING & KNOWLEDGE - SHARE THIS W/EVERYONE! JULY IS SARCOMA AWARENESS MONTH

WHAT EVERYONE SHOULD KNOW ABOUT SARCOMA

Sarcoma is a cancer that can develop at any age, anywhere in the body.

Soft tissue sarcoma shows up in fat, muscle, tendons, blood vessels, and cartilage, and most commonly occur in the extremities, and also in the pelvis, chest and abdomen, usually a painless lump. Sarcomas of bone are usually painful.

Approximately 17,000 people in the United States will be diagnosed with sarcoma each year.

It is estimated that 7,230 deaths from this disease will occur in the United States this year.

At any one time, more than 50,000 patients and their families are struggling with sarcoma.

It's important to be on the lookout for sarcoma and act fast to get a reliable diagnosis.

- When you have a lump of any size, anywhere, get it checked out by a health care professional, even if it is not causing you pain.
- If you have a lump that is larger than a golf ball (1.7 inches in diameter) request an MRI. Statistically, it is most likely benign, but when it is the size of a golf ball, think sarcoma.
- A When you have persistent pain, or pain that wakes you up in the night (with or without a noticeable lump), your health care provider will test for different possibilities, which can include sarcoma.



Find out more at www.nwsarcoma.org

During the North Olympic
Discovery Marathon, we hosted a
booth and shared our new 1-page
awareness flyer!

2024 NWSF EVENTS



Register!

JANUARY

Patient Education Night

25 Topic:

A Port

RN Panel Discussion



器 Watch Video

Watch Video

FEBRUARY

Researcher Update Night

21 Topic: Tenosynovial giant cell tumor

Dr. Elizabeth Loggers



MARCH

O6 Dragonslayer Days

Seattle Children's Hospital

16 Knights Unite

UW Horticultural Center

Community Fun Event

Pratt Fine Arts Center

APRIL

Dragonslayer Days

Randall Children's Hospita

18 Hope Grows Here

Wonder Market - Spokan

27 Hope Grows Here

Seattle Yacht Club

Sarcoma Journal Club

Dr. Kenny Gundle

MAY

Hope Grows Here

Imperial Bottle House - Portand

Community Fun Event UW Baseball

Patient Education Night

14 Radiation Therapy

y East E

Watch Video

Dragonslayer Day

Community Fun Event

18 Board & Brush

JUNE

Researcher Update Night

25 Topic: PEComas and new treatments

Dr. Michael Wagner

26 Watch Video 16



JULY

Researcher Update Night

23 Topic: Chondrosarcoma and chonDragon tx
Dr. Lara Davis

AUGUST

Researcher Update Night

O6 Topic: Gastrointestinal stromal tumor (GIST)
Dr. Limin Zhu

Community Fun Event

25 Hillsboro Hops

SEPTEMBER

O7 Dragonslayer Walk

Portland

Dragonslayer Walk

Roise

Dragonslayer Walk

Spokane

21 Dragonslayer Walk

Seattle

OCTOBER

Patient Education Night

16 Topic: Palliative care

Dr. Elizabeth Loggers

NOVEMBER

Sarcoma Journal Club

Dr. Jeremy Sharib

Community Fun Event PDX

O9
Birdie Time Pub &
Mini-Golf

Community Fun Event SEA

O9 Pratt Fine Arts Center

DECEMBER

Patient Education Night

O3 Topic: Pathology - The hidden heroes

Dr. Chen & Dr. Kao



Portland, 9.7.2024 @ Gabriel Park

Boise, 9.14.2024 @ Ann Morrison Park

Spokane, 9.15.2024 @ Mission Park

Seattle, 9.21.2024 @ Magnuson Park





GRAIL







3rd Tuesday of ODD months @ 6p.m. PT

Casual Chats are free events, register once, the same Zoom link each time.

<u>Adult patients & survivors</u>: Second Wednesday of every month.

Next meeting, 7/10/2024 6 - 7 p.m. Led by either Jo McNeal or Chelsea Winn

Caregivers: Third Tuesday of every ODD month.

Next meeting, 7/16/2024 6 - 7 p.m.

Volunteer peer-led by Anita Nelson

Sarcoma Bereavement: services available, learn more HERE.

NEW NWSF SWAG



We've added some NWSF swag! 3 designs - children & adult sizes. We've teamed up with Snarky Cancer - an organization that understands and has lived Sarcoma, to create our start of NWSF swag options. We are starting with a few choices to see what may be the most popular. Get your NWSF swag today, start shopping:

SHOP

JUNE'S SOCIAL MEDIA BESTS









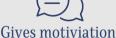




How to support us further and it's FREE













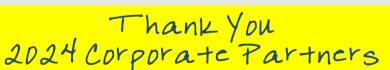


Introduces others to our page

June 2nd, National Cancer Survivor Day!























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