

# SLAYER NEWS

FROM THE NORTHWEST SARCOMA FOUNDATION

NORTHWEST  
**SARCOMA**  
FOUNDATION

**DONATE**

[WEBSITE](#)

FEBRUARY 2025



Jo McNeal  
Executive Director

As 2024 closed, and I was watching many of the holiday shows available, I couldn't help but be aware of the numerous ads from various non-profits seeking anywhere from \$11 - \$19 per month; one stating they needed over 1,000 new donors right then and there. This prompted me to think about how these numbers break down for us. We have only had our recurring donor option for about three years, and we are slowly growing the number of recurring donors each year - thank you recurring donors.

So, here is how some numbers breakdown for us:

\$21 mo. x 1 donor = \$252, this would fund 1 Help\$ grant in a year.

When you look at this number as an individual donor it may not seem like a lot. Yet, it still helps us overall throughout the year and we appreciate your support. However, if you go back to the need of 1,000 donors, this would fund almost 1/2 our entire budget for the year. One major difference from the numerous commercials is that we are a regional organization without the budget for a large TV ad campaign, so this is where I appeal to you. Many of you donate to us one time a year, maybe during Dragonslayer Walks, but could you donate a little year-round and still make your Dragonslayer or other larger donation? What if, 1,000 of our readers were able to do \$5 per month and still make their other donation? How does this impact us...GREATLY.

In 2024, we provided over 260 Help\$ grants, this total is \$65,000, if 1,000 donors gave \$5 per month, it would provide this support completely. Could you give an additional \$5 per month? Are you one of our 1,000? Looking back at our January newsletter over 1,000 people opened and we hope read the newsletter. Can you be part of our 1,000? We hope so...

As 2025 has started with many changes, can you be part of our change? Consider donating monthly to help sustain the organization into the future. Be part of our 1,000 - donate recurringly today!

## Volunteer with us!

### Upcoming Committee meetings

Development Committee 2.11.2025, 6 p.m. PT

Programs Committee 3.6.2025, 10 a.m. PT

Events Committee 2.13.2025, 6:30 p.m. PT

Marketing-Communications Committee 3.13.2025, 9 a.m. PT



**VOLUNTEER**



# UPCOMING PROGRAMS & EVENTS

Learn  
more



## FEBRUARY

- 22** **Community Fun Event**  
*Blazers v. Hornets - PDX*

## MARCH

- 19** **Researcher Update Night**  
*TCR Discovery for Synovial Sarcoma*

## APRIL

- 19** **Community Fun Event**  
*Wildcraft Studio - PDX*
- 22** **Patient Education Night**  
*Clinical Trials 101*

## MAY

- 15** **Hope Grows Here**  
*Portland, OR*
- 28** **Sarcoma Journal Club**  
*Location: OHSU*
- 31** **Community Fun Event**  
*Grey Barn Studio - Arlington, WA*

## JUNE

- TBA** **Hope Grows Here**  
*Spokane, WA*
- 4** **Researcher Update Night**  
*Series: Biomarkers & RMS*
- 7** **Community Fun Event**  
*Pratt Fine Arts Center - Seattle, WA*
- 7** **United PDX 5K Kids Fun Run**  
*Cook Park - Portland, OR*
- 26** **F•R•I•E•N•D•S  
C•O•R•A•W•O•L**  
*Woodinville, WA*

## JULY

### Sarcoma Awareness Month

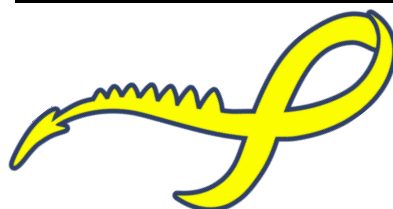


## AUGUST

- 26** **Patient Education Night**  
*Grief & End of Life Care*

## SEPTEMBER

- 6** **Dragonslayer Fantasy Dash/Strut**  
*Portland, OR*
- 9** **Researcher Update Night**  
*Series: Biomarkers: Synovial Sarcoma*
- 27** **Dragonslayer Fantasy Dash/Strut**  
*Seattle, WA*



## OCTOBER

- TBD** **Sarcoma Journal Club**  
*Location: Fred Hutch*
- 7** **Patient Education Night**  
*Kids and Cancer*

## NOVEMBER

- 4** **Researcher Update Night**  
*Series: Biomarkers: GIST*

## DECEMBER

## Casual Chat



2nd Wednesday @ 6p.m. PT



3rd Tuesday of ODD months @ 6p.m. PT

Casual Chats are free events, register once, the same Zoom link each time.

Adult patients & survivors: Second Wednesday of every month.

Next meeting, 2/12/2025 6 - 7 p.m.

Led by either Jo McNeal, Chelsea Winn, or volunteer peer-led by Aaron Couch.

Caregivers: Third Tuesday of every ODD month.

Next meeting, 3/18/2025 6 - 7 p.m.

Volunteer peer-led by Anita Nelson

## CONNECT WITH OTHER SARCOMA PATIENTS



# Smart Patients

[Join the community](#)

Patients and caregivers are invited to join the Sarcoma community with Smart Patients. Individuals (18 years and older) can join the community by securely sharing their email address and setting up a free personal account. Once the account is confirmed participants will have access to information, and resources, and be able to participate in community conversations on topics of interest.

### About Smart Patients:

Smart Patients is an online community where patients and their families affected by a variety of illnesses learn from each other about treatments, challenges, and how it all fits into the context of their experience. While providing patients with safe and high-quality peer support, we help the healthcare system learn from patients to serve them better.



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## JANUARY'S SOCIAL MEDIA BESTS

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Meet Blaire



Chappie's biggest fan

family

Aside from her physical health, mentally this experience has had a positive effect on Blaire. She aspires to be an orthopedic surgeon (potentially orthopedic oncology) to help children like her one day.

Your biggest fan,  
MOM

You can learn more about Blaire on our website's Personal Story Page. Donate today to support patients like her and others fighting the dragon.

NORTHWEST  
**SARCOMA**  
FOUNDATION  
HOPE • EDUCATION • SUPPORT

2025 Research Grant Recipient



Dr. Eleanor Chen - Pathologist  
University of Washington/FHCC  
Rhabdomyosarcoma research

**\$10,000**

NORTHWEST  
**SARCOMA**  
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### How to support us further and it's FREE



Thank you

**2025**

Corporate Partners



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