

DECEMBER 2022

Dragonslayers & Unite

MESSAGE FROM THE STAFF

Happy Holidays! We hope the holiday season treats you and your family well and you have the most enjoyable season.

The end of the year is coming soon and we will be launching into 2023. Our focus will be to reconnect with as many of you as possible. Do not hesitate to contact us to meet up in person, now that this is becoming fairly normal again. We would be delighted to see your shining faces in person.

We are also excited to see some "sunsetted" programs come back, like the Dragonslayer Days and Family Fun nights. We will be working to have some of these again in 2023.

Along with a few new programs we are working on, a remembrance event, and Hope Grows Here event. To get to all these programs, we need to complete 2022 strong. Please consider your year-end giving to support our ongoing programs and events and the new ones we plan to launch in 2023.

Happy Holidays everyone!

UPCOMING PROGRAMS & EVENTS

Casual Chat



Casual Chat
FOR ADULTS BATTLING THE SARCOMA DRAGON

Casual chat for anyone who has lost someone to Sarcoma.

Fourth Monday of every month
6 - 7:30 p.m.

Register today to receive Zoom link.

2nd Wednesday @ 6p.m. PT



CASUAL CHAT: SARCOMA CAREGIVERS

Casual chat for anyone who cares for someone with Sarcoma.

Third Tuesday of every month
6:00 p.m. (Pacific Time)

Register today to receive Zoom link.

3rd Tuesday @ 6p.m. PT



CASUAL CHAT: SURVIVORS OF SARCOMA ANGELS

Casual chat for anyone who has lost someone to Sarcoma.

Fourth Monday of every month
6 - 7:30 p.m.

Register today to receive Zoom link.

4th Monday @ 6p.m. PT



NORTHWEST SARCOMA FOUNDATION
HOPE EDUCATION SUPPORT

Casual Chats are free events:

Adult patients & survivors: Second Wednesday of every month.

Next meeting, 12/14/2022

Led by either Jo McNeal or Chelsea Winn

Caregivers: Third Tuesday of every month.

Next meeting, 12/20/2022

Volunteer peer-led by Anita Nelson

Sarcoma Bereavement: Fourth Monday of every month.

Next meeting, 12/26/2022

Register once, the same Zoom link each time.

Volunteer peer-led by either Donna Anderson or Christin Gray

RESEARCHER UPDATE NIGHT

JANUARY 26, 2023 @ 7 P.M. PT



DR. STEPHANIE SCHAUB, COMING YOUR WAY! SHE WILL SHARE HOW PROTON THERAPY TREATMENT HELPS SOME SARCOMA PATIENTS.

DR. STEPHANIE SCHAUB IS AN EXPERT IN THE TREATMENT OF ADULT AND PEDIATRIC SARCOMAS AT THE FRED HUTCH CANCER CENTER, UNIVERSITY OF WASHINGTON, AND SEATTLE CHILDREN'S HOSPITAL. PROTON THERAPY IS A SPECIALIZED TYPE OF RADIATION THERAPY THAT CAN ALLOW FOR THE PRECISE TREATMENT OF A TUMOR WHILE ALLOWING FOR REDUCED RADIATION DOSE TO NORMAL HEALTHY TISSUES IN THE BODY. SARCOMAS CAN ARISE ANYWHERE IN THE BODY, AND CERTAIN LOCATIONS OR SITUATIONS MAY HAVE A CLINICALLY MEANINGFUL BENEFIT TO THE USE OF PROTON THERAPY. DR. SCHAUB WILL WALK YOU THROUGH HOW SHE EVALUATES EACH PATIENT IN HER CONSIDERATION OF ALL DIFFERENT TYPES OF ADVANCED RADIOTHERAPY TREATMENT "TOOLS" TO DECIDE WHAT MIGHT BE BEST FOR TREATMENT FOR EACH PATIENT AND HIGHLIGHT EXCITING DATA AND EXAMPLES OF THE USE OF PROTON THERAPY FOR PATIENTS WITH SARCOMAS.

NOVEMBER'S SOCIAL MEDIA BESTS

Anita's Caregiver Story

ANITA NELSON, A SARCOMA CAREGIVER FOUND A WAY TO SHARE HER KNOWLEDGE THROUGH LEADING OUR CASUAL CHAT CAREGIVERS GROUP, WHILE PARTICIPATING AS A MEMBER OF THE CASUAL CHAT BEREAVEMENT GROUP. SHE HAS ADVOCATED FOR AND EVEN TESTIFIED BEFORE THE FDA WITH REGARDS TO SARCOMA CLINICAL TRIALS. YOU CAN SEE ANITA AT ALL OF OUR DRAGONSLAYER WALKS AND READ HER AND JEFF'S STORY ON OUR WEBSITE UNDER 'PERSONAL STORY'.



To Our Caregivers! Thank You!

NOVEMBER IS NATIONAL FAMILY CAREGIVER MONTH!

KATE'S Caregiver Story

WE HAVE WALKED THIS DEEP, DARK PATH FILLED WITH THORNS AND PITFALLS. YET... WE ARE HAUNTED BY AN EVEN DARKER TRUTH: THAT THERE IS STILL ONE THING WORSE THAN LIVING WITH THE FEAR OF LOSING HER. WE ARE MOTIVATED BY THE SICKENING IDEA OF A WORLD WITHOUT HER.

READ SABINA'S PERSONAL STORY AND HER FAMILY'S WALK BESIDE HER ON OUR WEBSITE.

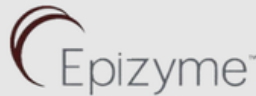


To Our Caregivers! Thank You!

NOVEMBER IS NATIONAL FAMILY CAREGIVER MONTH!



2022 CORPORATE PARTNERS



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