



DONATE

JANUARY 2026



WEBSITE

Honoring Our 30th Anniversary

This year, we celebrate 30 years of commitment to sarcoma patients, survivors, and their families. This is an amazing milestone for any organization, but it is an even larger achievement when you consider that we are the oldest sarcoma organization in the world. This milestone represents years of supporting patients, educating the public about sarcoma, and creating a community where everyone facing sarcoma knows they are not alone.

As we prepare for this incredible anniversary, we reflect on the thousands of lives touched and the countless stories of courage and resilience. Our journey together demonstrates the power of unity and compassion to change lives for the better.

30 in 30: A Challenge for the Future

To kick off 2026 with a bang, we invite you to C.A.R.E. about the rare and join us in a challenge. 30 in 30

We are seeking 30 supporters to give \$30 per month in honor of 30 years of Compassion, Advocacy, Research, and Education (C.A.R.E.).

Your Impact

Your \$30 per month gift helps ensure:

- A patient will receive a Help\$ Grant.
- A patient receives a care package.
- A patient or survivor learns more about research or receives tips for coping.
 - Someone facing sarcoma understands they are not alone.

Your small gift, when combined with others, creates real stability.

Please help us look ahead to our 30th. Your support helps us continue to show up for our sarcoma community with hope.

Will you be one of our 30 in 30?

Give \$30 per month today to help us celebrate 30 years of C.A.R.E.



Volunteer with us!

Inquire about the 2026 meeting schedule - email

info@nwsarcoma.org

Development Committee

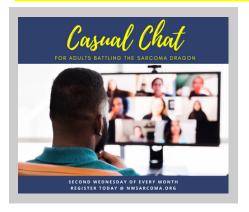
Programs Committee
Events Committee

Marketing-Communications Committee





UPCOMING PROGRAMS & EVENTS





Casual Chats are free events, register once, the same Zoom link each time.

Adult patients & survivors: Second Wednesday of every month. Next meeting, 1/14/2026 6 - 7 p.m.

Led by either Jo McNeal, Chelsea Winn, or volunteer peer-led by Aaron Couch.

We are proud to announce the 2026 Research Grant Recipient is Dr. Jianguo Huang from Providence Health & Services -Oregon. Thank you for continuing to research sarcoma.





2026 EVENTS



Register Today

JANUARY

TBD Patient Education Night

Topic: Kids and Cancer

FEBRUARY

Researchers Update 25 Night Topic: Ewing Sarcoma

APRIL

Celebrating 30 years with a Lab Tour Seattle, WA



MAY

Hope Grows Here Portland, OR

14 **Hope Grows Here** Seattle, WA

JUNE

23 Researchers Update Night Topic: TGCT

JULY

Sarcoma Awareness Month





12) Dragonslayer Fantasy Dash/Strut Portland, OR

Dragonslayer Fantasy 19 Dash/Strut Seattle, WA

OCTOBER

TBD CME PCP/General Onc. Sarcoma Symposium

Seattle, WA

NOVEMBER

Patient Education 10 Night

Topic: Wills, Trust, & POA



DECEMBER'S SOCIAL MEDIA BESTS

Ewing Sarcoma Statistics

Ewing tumors are rare and primarily aflict adolescents.

1% About 1% of all childhood cancers are Ewing tumors Children and teens are diagnosed 200 with Ewing tumors (sarcomas) in the US each year Of cases arise in children under 30% 10 and another 30% in adults

Today, we spotlight some recent statistics on Ewing sarcoma. This is a rare variation of sarcoma primarily affecting children and adolescents. #dragonslayersunite #nwsarcoma

Our partner organization - Sarcoma Patient Advocacy Global Network (SPAGN) asked sarcoma patients worldwide what first tipped them off, and two answers stood out: PAIN, and an unexplained, fast-growing lump or swelling. Don't downplay the discomfort. Listen to your body, seek medical advice, and ASK the hard questions.



Listen to your body. You know it best. Seek out medical advice for chronic pain or a lump larger than a golf ball. ASK the hard questions! #NWSarcoma

How to support us further and it's FREE

















Helps with engagement



























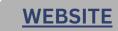




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