

DONATE

VOLUNTEER

WEBSITE

FEBRUARY 2023



MESSAGE FROM THE STAFF

As the Director of Programs, I have been gifted the opportunity to meet people in their time of need and find ways to provide support. Though not all outcomes go as we hope, I continue to be inspired by patient and caregiver stories of resilience, love, and community.

Our focus in 2020 and 2021 was to design programs that are mission focused; we spent our time and energy on programs that truly have an impact. In 2022, we started seeing the byproducts of our programs' outreach, which reflected the needs of the Sarcoma community.

The demand for our programs increased by 99.8% from 2021 to 2022. We would love to see the same increase in those who support our programs through event attendance, fundraising, and donations. We want to do more. We want to help more. We are continuously looking for ways to make sure everyone who has a Sarcoma diagnosis in the Pacific Northwest knows about our programs and reaches out for help, for community.

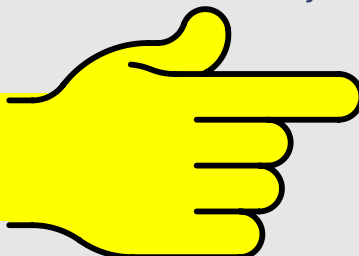
I want to thank those who have welcomed me into their community over the last few years. I am grateful for entrusting us with your stories, in your most vulnerable times. Thank you to those who have set aside time during your treatment or in grief to help teach us and guide our programs in directions that will have the most impact. You are the fiercest Dragonslayers! I'm proud to fight alongside you.

-Chelsea Winn
Director of Programs

Volunteer with us!

During 2022 volunteer committees were created. We need more volunteers to help support the mission. Calling all volunteers!!! Consider which committee interests you.

WE NEED YOU!



Programs Committee
Events Committee
Marketing-Communications Committee
Development Committee

Email your interest to info@nwsarcoma.org

A SARCOMA STORY

Tonja Weaver - I'm still here, 3 years later

My name is Tonja. In August of 2019, I had an epithelioid sarcoma tumor behind my knee. I had it removed and then needed to have 7 weeks of radiation. My home was 80 miles from the hospital at that time. The Northwest Sarcoma Foundation gave me a check to help with the costs of transportation. In January 2020, we found the Sarcoma had set up at home in the lining of my lungs. I was deemed terminal but in March 2020, I went on an experimental treatment and I'm still here, **3 years later!** NWSF helped when I had to move closer to medical facilities. I'm so grateful that NWSF continues to provide support.



[**MORE STORIES**](#)

We want your stories, not only from patients but caregivers and those whom we have lost too. Please join us in sharing more about Sarcoma from the perspective of those who have lived it. To share your story click [HERE](#)

Connecting with you in 2023!

HELP PROVIDE SUPPORT

Send Donated Items to NWSF

Northwest Sarcoma Foundation
117 E Louisa St #443
Seattle, WA 98102-3203

Care Package Wishlist

High Need Items

Bereavement Care Package Needs:	Patient Care Package Needs:
<ul style="list-style-type: none">*Picture Frames*Candles*Travel Mugs/Tea*Journals*Bath Supplies*Chicken Soup for the grieving soul	<ul style="list-style-type: none">*Travel Blankets*Fuzzy Ladies Socks*Snacks*Notebooks*Tea

Shop: Dollar Store - Walmart - Favorite Shopping Location - Amazon Smile Wishlist

UPCOMING PROGRAMS & EVENTS

Casual Chat



2nd Wednesday @ 6p.m. PT

CASUAL CHAT: SURVIVORS OF SARCOMA ANGELS

Casual chat for anyone who has lost someone to Sarcoma.

Fourth Monday of every month
6 - 7:30 p.m.

Register today to receive Zoom link.



4th Monday @ 6p.m. PT

CASUAL CHAT: SARCOMA CAREGIVERS

Casual chat for anyone who cares for someone with Sarcoma

Third Tuesday of every month
6:00 p.m. (Pacific Time)

Register today to receive Zoom link.



3rd Tuesday @ 6p.m. PT

NORTHWEST SARCOMA FOUNDATION
HOPE EDUCATION SUPPORT

Casual Chats are free events:

Adult patients & survivors: Second Wednesday of every month.

Next meeting, 2/8/2023

Led by either Jo McNeal or Chelsea Winn

Caregivers: Third Tuesday of every month.

Next meeting, 2/21/2023

Volunteer peer-led by Anita Nelson

Sarcoma Bereavement: Fourth Monday of every month.

Next meeting, 2/27/2023

Register once, the same Zoom link each time.

Volunteer peer-led by either Donna Anderson or Christin Gray

UPCOMING PROGRAMS & EVENTS

RESCHEDULED

RESEARCHER UPDATE NIGHT

TUESDAY FEBRUARY 28, 2023 @ 7 P.M. PT

JOIN US TO LEARN
ABOUT PROTON
THERAPY AS A
TARGETED RADIATION
THERAPY FOR CERTAIN
SARCOMAS.



Dr. Stephanie Schaub

Dr. Stephanie Schaub is an expert in the treatment of adult and pediatric sarcomas at the Fred Hutch Cancer Center, University of Washington, and Seattle Children's Hospital. Proton Therapy is a specialized type of radiation therapy that can allow for the precise treatment of a tumor while allowing for reduced radiation dose to normal healthy tissues in the body. Sarcomas can arise anywhere in the body, and certain locations or situations may have a clinically meaningful benefit to the use of proton therapy. Dr. Schaub will walk you through how she evaluates each patient in her consideration of all different types of advanced radiotherapy treatment "tools" to decide what might be best for treatment for each patient and highlight exciting data and examples of the use of proton therapy for patients with Sarcomas.

[REGISTER](#)

Re-imagining Pharma research & development for Sarcomas with a biomimetic, automation-ready animal platform for drug discovery.

In the United States, \$83 billion is spent annually by the pharmaceutical industry to develop new drugs. The R&D stage contributes \$26B in annual costs at a net \$474M per drug that reaches FDA approval. The process to develop a single drug generally takes 11-16 years. In the semiconductor industry, the Intel mantra is "fail fast" -- and in a startup, the goal is to find a technology that disrupts a market. The Children's Cancer Therapy Development Institute (cc-tdi.org) seeks to make the nonprofitable pursuit of curative drugs for rare childhood cancers and adult sarcomas more feasible through the introduction of disruptive, innovative engineering approaches more typical of the Oregon Silicon Forest.

[REGISTER](#)

JOIN US FOR:

RESEARCHER UPDATE NIGHT

WEDNESDAY, MAY 17, 2023 @ 7 P.M. PT

JOIN US TO LEARN
ABOUT THE RE-
IMAGINING PHARMA
RESEARCH &
DEVELOPMENT FOR
SARCOMAS.



CHARLES KELLER MD, SCIENTIFIC DIRECTOR, CHILDREN'S CANCER THERAPY DEVELOPMENT INSTITUTE (CC-TDI.ORG)

CHARLES' RESEARCH FOCUSES ON THE DEVELOPMENT OF MORE EFFECTIVE, LESS TOXIC THERAPIES FOR CHILDHOOD CANCERS.

MARK YOUR CALENDARS



Sarcoma Patient and Caregiver Education Program

March 25, 2023 (Saturday) | 9 a.m. to noon PST



Michael J. Wagner, MD
Chair



Stephanie K. Schaub, MD
Chair

Fred Hutchinson Cancer Center is hosting a free, virtual patient education event for sarcoma patients and caregivers, in partnership with the Northwest Sarcoma Foundation and Sarcoma Foundation of America.

During the event, providers will talk about:

- Introduction to sarcoma
- Updates to radiation for treating sarcoma
- Genetic testing
- Supportive care for patients with sarcoma
- Information on rehab medicine and survivorship.

Registration link:

FredHutch.org/classes-and-events



UW Medicine

Fred Hutchinson Cancer Center is an independent organization that serves as UW Medicine's cancer program.

OCCE-1222-00006 | Rev. 01/11/23

[REGISTER](#)



Locations

Imperial Bottle Shop | Portland, OR
Thursday, April 13, 2023 @ 6 p.m.

TICKETS: \$50 INCLUDES HEAVY APPETIZERS & 1 DRINK TICKET INCLUDED (WINE, CIDER, OR BEER). LIMITED EVENT, 50 PEOPLE, GET YOUR TICKETS TODAY!

[Portland HGH](#)

IMPERIAL BOTTLE SHOP & TAPROOM OWNER, SHAWN STACKPOOL, IS A SARCOMA SURVIVOR, AND TOGETHER WE INVITE YOU TO JOIN US TO PROVIDE HOPE (HAPPINESS, OPTIMISM, POSITIVE ENCOURAGEMENT) TO ANYONE AFFECTED BY SARCOMA IN THE PNW. COME HEAR OUR STORIES AND SHARE YOURS.

TICKETS: \$50 INCLUDES HEAVY APPETIZERS & 1 DRINK TICKET INCLUDED (WINE). LIMITED EVENT, 50 PEOPLE, GET YOUR TICKETS TODAY!

Old World Tasting Room | Seattle, WA
Thursday, April 27 2023 @ 6 p.m.

WE INVITE YOU TO JOIN US TO PROVIDE HOPE (HAPPINESS, OPTIMISM, POSITIVE ENCOURAGEMENT) TO ANYONE AFFECTED BY SARCOMA IN THE PNW. COME HEAR OUR STORIES AND SHARE YOURS.

[Seattle HGH](#)

JANUARY'S SOCIAL MEDIA BESTS



What's new for 2023? HOPE

Connecting! We will be reaching out to you throughout the year. For upcoming events and programs for the 1st quarter, mark your calendars.

Casual Chats continue @ 6 p.m., ZOOM

- 2nd Wed. adult patients and survivors
- 3rd Tues. caregivers
- 4th Mon. bereavement

Committees continue to meet - consider joining a committee!

- Marketing & Communications 2.1.23 @ 3 p.m., ZOOM
- Programs 2.6.23 @ 6 p.m., ZOOM
- Events 2.9.23 @ 6 p.m., ZOOM

Researcher Update Night with Dr. Stephanie Schaub 1.26.23 @ 7 p.m., ZOOM - She will share about Proton therapy treatment for Sarcoma.

**All times listed in Pacific timezone*



2023 CORPORATE PARTNERS



Fred Hutch
Cancer Center



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