

# SLAYER NEWS

FROM THE NORTHWEST SARCOMA FOUNDATION

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**SARCOMA**  
FOUNDATION  
HOPE • EDUCATION • SUPPORT

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JUNE 2024



## NEWS FROM THE EXECUTIVE DIRECTOR

The first 1/2 of 2024 has been busy. During 2020 - 2023, we had to set aside some programs that took us into the community. Programs that emulated our mantra: **no one should face Sarcoma alone**. Not that we abandoned our Sarcoma patients, survivors, caregivers, or those who have lost someone, but we were not able to connect further in person. Well, I am thrilled to say that is no longer! Over the past few months the organization has been out in the public so much more. We have hosted three Dragonslayer Pediatric Fun Days and three Community Fun events. Hoping you have seen some of the photos from past events in our newsletter, and there are more on page four of this newsletter. We even have been able to expand these further than in the past and hosted in Oregon and Eastern Washington! Truly trying to reach our Pacific Northwest supporters, patients, and more. There is hope on the horizon that we may be able to expand even further into Idaho and maybe Alaska and Montana. With hard work, connecting with donors, and fundraising this will be a reality for us.

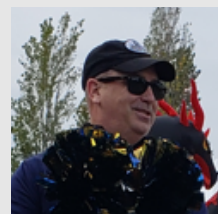
In the month of April, we hosted our annual Hope Grows Here events in three cities. Attendees heard stories from amazing patients and caregivers about their experiences with Sarcoma. They were truly inspirational. We cannot thank them enough for sharing their stories, along with the attendees who opened their pocketbooks and gave to support our mission. Thank you again! Over the past few newsletters, you were introduced to a number of our new board members. Each asked something of you, something that may not have an expense of money but certainly an expense of time. I challenge you to take another look at what they asked and continue to follow through. See some short clips below.



Nick: My impassioned challenge to everyone reading this is to share your story.



Mike: Simply to reflect on the opportunities that life presents to us. We all have opportunities that lie before us in our lives, choices to make, and it is up to us to act upon



Michael: Asking for your voice, your friends and families voice to help carry our message on Facebook, Instagram, TikTok.

## Volunteer with us!

### Upcoming Committee meetings

Marketing-Communications Committee 6.5.2024 3 p.m.PT

Development Committee 6.11.2024 2nd Tues. ea. month 6 p.m. PT

Events Committee 6.13.2024 2nd Thurs. ea. month 6 p.m. PT

Programs Committee 7.11 2024 - odd months, 2nd Thursday 10 a.m. PT



# UPCOMING PROGRAMS & EVENTS

## 2024 NWSF EVENTS



Register!

### JANUARY

#### Patient Education Night

**25** Topic:  
A Port  
RN Panel Discussion



[Watch Video](#)

### FEBRUARY

#### Researcher Update Night

**21** Topic: Tenosynovial giant  
cell tumor  
Dr. Elizabeth Loggers



[Watch Video](#)

### MARCH

**06** **Dragonslayer Days**  
Seattle Children's Hospital

**16** **Knights Unite**  
UW Horticultural Center

**30** **Community Fun Event**  
Pratt Fine Arts Center

### APRIL

**01** **Dragonslayer Days**  
Randall Children's Hospital

**18** **Hope Grows Here**  
Wonder Market - Spokane

**27** **Hope Grows Here**  
Seattle Yacht Club

**30** **Sarcoma Journal Club**  
Dr. Kenny Gundle

### MAY

**09** **Hope Grows Here**  
Imperial Bottle House - Portland

**11** **Community Fun Event**  
UW Baseball

**14** **Patient Education Night**

**14** Radiation Therapy

**15** **Dragonslayer Days**

**15** Providence Sacred Heart

**18** **Community Fun Event**

**18** Board & Brush



[Watch Video](#)

### JUNE

#### Researcher Update Night

**25** Topic: PComas and new  
treatments  
Dr. Michael Wagner

**26** **Sarcoma Journal Club**  
Dr. Duncan Ramsey

### JULY

#### Researcher Update Night

**23** Topic: Chondrosarcoma  
and chonDragon tx  
Dr. Lara Davis

### AUGUST

#### Researcher Update Night

**06** Topic: Gastrointestinal  
stromal tumor (GIST)  
Dr. Limin Zhu

**25** **Community Fun Event**  
Hillsboro Hops

### SEPTEMBER

**07** **Dragonslayer Walk**  
Portland

**14** **Dragonslayer Walk**  
Boise

**15** **Dragonslayer Walk**  
Spokane

**21** **Dragonslayer Walk**  
Seattle

### OCTOBER

#### Patient Education Night

**16** Topic: Palliative care  
Dr. Elizabeth Loggers

### NOVEMBER

**06** **Sarcoma Journal Club**  
Dr. Jeremy Sharib

**09** **Community Fun Event PDX**  
Birdie Time Pub &  
Mini-Golf

**09** **Community Fun Event SEA**  
Pratt Fine Arts Center

### DECEMBER

#### Patient Education Night

**03** Topic: Pathology - The  
hidden heroes  
Dr. Chen & Dr. Kao



## Casual Chat



2nd Wednesday @ 6p.m. PT



3rd Tuesday of ODD months @ 6p.m. PT

Casual Chats are free events, register once, the same Zoom link each time.

Adult patients & survivors: Second Wednesday of every month.

Next meeting, 6/12/2024 6 - 7 p.m.

Led by either Jo McNeal or Chelsea Winn

Caregivers: Third Tuesday of every ODD month.

Next meeting, 7/16/2024 6 - 7 p.m.

Volunteer peer-led by Anita Nelson

Sarcoma Bereavement: through much debate it was decided to cancel the bereavement group. There are still services available, learn more HERE.

## Dragonslayer Walk Registration is open

Portland 9.7.2024 @ Gabriel Park

Boise 9.14.2024 @ Ann Morrison Park

Spokane 9.15.2024 @ Mission Park

Seattle 9.21.2024 @ Magnuson Park

Volunteers needed at each location!



## CONNECT WITH OTHER SARCOMA PATIENTS



# Smart Patients

[Join the community](#)

Patients and caregivers are invited to join the Sarcoma community with Smart Patients.

Individuals (18 years and older) can join the community by securely sharing their email address and setting up a free personal account. Once the account is confirmed participants will have access to information, and resources, and be able to participate in community conversations on topics of interest.

About Smart Patients:

Smart Patients is an online community where patients and their families affected by a variety of illnesses learn from each other about treatments, challenges, and how it all fits into the context of their experience. While providing patients with safe and high-quality peer support, we help the healthcare system learn from patients to serve them better.



# NW SARCOMA OUT IN THE COMMUNITY

## Community Fun Day at UW Baseball game

Community Fun events are a time for our Sarcoma community to come together.

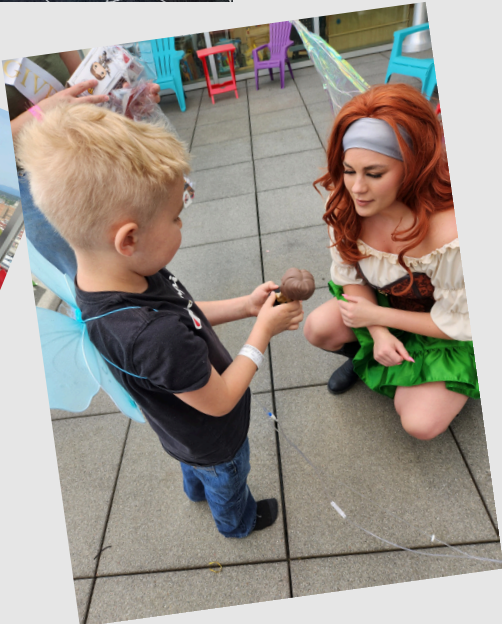
## Community Fun Day at Board & Brush PDX



Pediatric Fun Days are a chance for us to connect with our pediatric patients while they are in treatment. We provide a fun activity and games. We deliver fun packages to those that are not able to join us in the communal room.



## Pediatric Fun Day at Sacred Heart Children's Hospital





## NEW NWSF SWAG



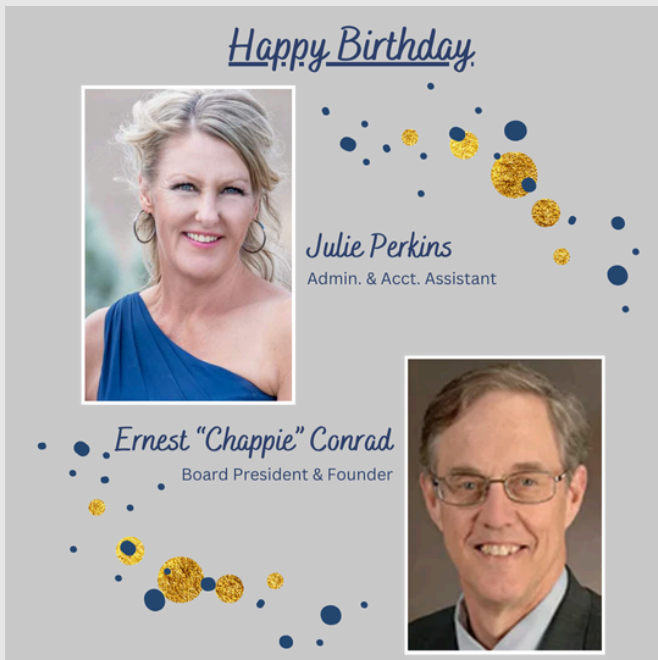
We've added some NWSF swag! 3 designs - children & adult sizes. We've teamed up with Snarky Cancer - an organization that understands and has lived Sarcoma, to create our start of NWSF swag options. We are starting with a few choices to see what may be the most popular. Get your NWSF swag today, start shopping:

**SHOP**

## MAY'S SOCIAL MEDIA BESTS



Follow  
-US-



Happy birthday to  
staff member Julie &  
NWSF founder, Chappie!

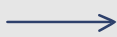


National Nurse Appreciation Month  
we shared about  
nurse Debbie @ Kaiser!

How to support us further and it's FREE



Costs nothing



Gives motivation



Introduces others to our page



Helps with engagement

Thank You  
2024 Corporate Partners



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