

[WEBSITE](#)

NOVEMBER 2023



MESSAGE FROM THE BOARD

Dr. Michael Wagner

It was with mixed emotions that I left Seattle and the beautiful Pacific Northwest in September to start a new job in Boston. The hardest part was to leave the many patients I have gotten to know over the last 6+ years. I know all will be in good hands with the continued care from my sarcoma colleagues at Fred Hutch, and the fight against sarcoma in the PNW continues unabated.

Despite my departure, I have the great fortune of continuing to serve as a board member for the Northwest Sarcoma Foundation. This foundation is a remarkable source of support for sarcoma patients across the entire PNW region and I am grateful to be able to continue supporting its many programs from the other side of the country.

In Seattle our catchment area is one of the largest anywhere, with patients often traveling very long distances to get specialty care. The scale of how large of an area this is became even more clear when, instead of flying, I drove across from Seattle to Boston. One thing that struck me as I went east on I-90 towards Spokane and into Idaho and Montana was that for nearly every road sign, I could associate the place with a patient. People I saw sometimes every 2-3 weeks made this same journey over and over again in the face of incredible hardship just to get sarcoma care. For me, almost every city in Washington has a face and story of the very personal impact of sarcoma.

While nothing can completely offset the challenges of facing sarcoma, both as doctor and as a board member I saw how NWSF Help\$ grants and care packages have helped many of my patients. Separate from financial or material support, the NWSF is also a place that sarcoma patients can come together through "Casual Chats" and other events to see that they are not dealing with sarcoma alone- there is a network of strong and supportive patients, families, caregivers, and friends to help. New research is bringing exciting new treatments to the clinic, but progress cannot come quickly enough. I'm happy to stay dedicated to NWSF and the hope and support it brings to patients and families in the PNW affected by sarcoma.

DONATE

[VOLUNTEER](#)

Volunteer with us!

Upcoming Committee meetings

Programs Committee 11.20.2023 usually 2nd Mon. ea. month 1:30 p.m. PT

Events Committee 11.9.2023 2nd Thurs. ea. month 6 p.m. PT

Marketing-Communications Committee 11.8.2023 1st Wed. ea. month 3 p.m. PT

Development Committee 11.14.2023 2nd Tues. ea. month 6 p.m. PT



DRAGONSLAYER TRIBUTE FUND NOVEMBER'S NEW TRIBUTE FUNDS

During the Dragonslayer Walks, we announced a new program to help honor those battling, surviving, and lost to Sarcoma. The Dragonslayer Tribute Funds, have kicked off with the top individual fundraiser from the Seattle walk, Q King starting a Tribute Fund in memory of her daughter, Carly King.



Carly King was diagnosed in 2010 at 9 years old after she bumped and bruised her shin and it never got better. What the doctors found was supposed to be a benign tumor that would get scraped out and replaced with a bone graft. During surgery, Dr. Chappie decided it was not what they originally thought, took a biopsy, and sewed her up. He told us the tentative plan of replacing her entire tibia if it was what he assumed it to be, adamantinoma, a malignant tumor. He said surgery was the only treatment and the tumor would not respond to chemo or radiation. The next week was the most excruciating week of our lives. Waiting for the results of the biopsy was unbearable, every scenario played out in my head. Time stood still. Then we got the call, and Chappie was 100% right, Carly needed major surgery to remove her tibia and tumor.

The surgery went as intended and within 2 months Carly was bearing weight again and after 4 months was back on the court playing volleyball and softball. She played with a big plastic Sarmiento brace that went under her foot and had to wear a larger shoe on that foot. Her body began to grow bone and heal to the cadaver bone and she healed like no other.

This tumor was only known to travel to the lungs and after her first scan, they watched a very small spot that grew slowly. After a year at the age of 10, she had a laparoscopic surgery to remove it and a small part of her lung. In one week, she was playing basketball again.

Read more of Carly's story [HERE](#).



TRIBUTE FUNDS

Dragonslayer Tribute Funds are established by friends and/or families to honor the lives of specific Sarcoma patients, survivors, or loved ones lost to Sarcoma. These funds assist the Northwest Sarcoma Foundation in its mission and ensures that

No One Faces Sarcoma Alone
Connecting with you in 2023!

UPCOMING PROGRAMS & EVENTS

Casual Chat



Casual Chat
FOR ADULTS BATTLING THE SARCOMA DRAGON

CASUAL CHAT: SURVIVORS OF SARCOMA ANGELS
Casual chat for anyone who has lost someone to Sarcoma.
Fourth Monday of every month
6 - 7:30 p.m.
Register today to receive Zoom link.

2nd Wednesday @ 6p.m. PT

CASUAL CHAT: SARCOMA CAREGIVERS
Casual chat for anyone who cares for someone with Sarcoma.
Third Tuesday of every month
6:00 p.m. (Pacific Time)
Register today to receive Zoom link.

3rd Tuesday @ 6p.m. PT

4th Monday @ 6p.m. PT

NORTHWEST SARCOMA FOUNDATION
HOPE EDUCATION SUPPORT

Casual Chats are free events:

[Adult patients & survivors](#): Second Wednesday of every month.

Next meeting, 11/8/2023

Led by either Jo McNeal or Chelsea Winn

[Caregivers](#): Third Tuesday of every month.

Next meeting, 11/21/2023

Volunteer peer-led by Anita Nelson

[Sarcoma Bereavement](#): Fourth Monday of every month.

Next meeting, 11/27/2023

Register once, the same Zoom link each time.

Volunteer peer-led by either Donna Anderson or Elana Emlen



Tuesday, November 28 is #GivingTuesday. On this day we ask for your support to continue our mission. Your donations and trust in us provide financial support grants to aid patients and their families to travel to appointments, put food on their tables, have housing when they are headed to appointments out of their home area, and more. Care packages are provided to help the patient understand they have a community and you are part of that community.

Here is our ask to you:

- \$5.00 a month pays for the shipping of 6 care packages to Sarcoma patients.
- \$50 a month provides a Help\$ Grant to a Sarcoma patient in need.

Please give \$5 - \$500 (or whatever you can in between) to help a Sarcoma patient.



DONATE

A NEW WAY TO GIVE WHILE SHOPPING A GREAT OPTION JUST BEFORE THE HOLIDAYS!!!

We have registered with Raise Right just for you! You can purchase gift cards (eCards) through our Raise Right account and a percentage of your purchase comes back to us.

A great example is our Executive Director, Jo. She likes Starbucks as a quick and easy eating option. She can purchase a \$50.00 gift card through Raise Right, load the gift card to the Raise Right "wallet", use the Starbucks gift card donating 7% of her initial gift card purchase back to the NW Sarcoma Foundation. Jo's purchases alone for one year could add up to \$42 to NWSF. If 12 of our supporters did just Starbucks for 1 year at \$50.00 this would fund at least 1 patient grant each year.

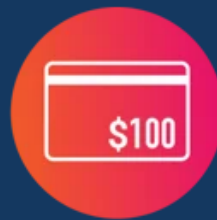
With the holiday's right around the corner and many people giving gift cards as a gift to friends and family, YOU could make a big difference to the NW Sarcoma Foundation and a Sarcoma patient. There are over 750 stores to choose from!

Get started today! Create a free account on the RaiseRight mobile app or at [RaiseRight.com](https://www.RaiseRight.com).

Enrollment Code: TJ4HZXHS2PA6

Gift cards that give back

See how easy it is to buy and earn online with this example.



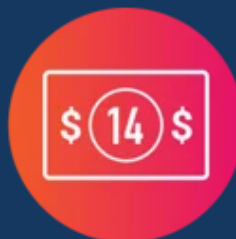
BUY A GIFT CARD

Buy a \$100 Gap eGift card from RaiseRight, with 14% earnings. Pay with your bank account or credit card.



USE IT INSTANTLY

Your \$100 eGift card is delivered to your online "Wallet" instantly, ready to use or save for later.



EARN AUTOMATICALLY

You automatically earned \$14 for your fundraising account. Way to go!



THANKS, GAP!

Your earnings come from the brand, so no extra money out of your pocket.

Have questions contact: info@nwsarcoma.org

OCTOBER'S SOCIAL MEDIA BESTS

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-US-



THANK YOU 2023 CORPORATE PARTNERS



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