

# SLAYER NEWS

FROM THE NORTHWEST SARCOMA FOUNDATION

NORTHWEST  
**SARCOMA**  
FOUNDATION  
HOPE • EDUCATION • SUPPORT

[VOLUNTEER](#)

[DONATE](#)

[WEBSITE](#)

MAY 2024

## NEWS FROM A NEW BOARD AND COMMITTEE MEMBER

Dear friends and family of the Northwest Sarcoma Foundation. I have the pleasure of writing the opening segment/section for our May newsletter. My name is Michael Lillie I am one of 3 new board members for 2024. Myself along with Bill O'Connell, Mike Bell, and Nick Casillas are excited to share some of our ideas and experiences to help broaden the reach with NWSF this year.

Sarcoma is a rare, complex, and diverse cancer. Children and young adults are underrepresented in this disease. It consists of more than 70 different subtypes – each requiring a different treatment approach. That's why since 1996 the NWSF has been there for those in need of help and support.

My challenge to you is to help us grow, educate and support those in need in our region. I would like to throw out the "Dare to Care" campaign for the month of May. Using a grass roots technique NWSF is

asking for your voice, your friends and families voice to help carry our message on Facebook, Instagram, TikTok. I'd love to see some videos showing how you are sharing our message in the Dare to Care campaign for May. I have been in the rare disease space for over 20 years, I understand how important it is to make people aware of how we help. Sometimes I feel like I'm in back of a crowded stadium shouting about Sarcoma and my voice is muffled by the large stadium. One by one we can move that voice to the center stage and make sure that no one feels left out when it comes to Sarcoma support and education in the Pacific Northwest. Help me challenge others in our Dare to Care for May! Over the past 15 years we have touched over 1,600+ lives and gifted over 1 million dollars, help us exponentially grow these numbers. Change a life today....

ML

DARE  
TO  
BEGIN

## Volunteer with us!

### Upcoming Committee meetings

Programs Committee 5.9. 2024 - odd months, 2nd Thursday 10 a.m. PT

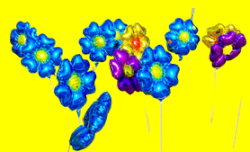
Events Committee 5.16.2024 2nd Thurs. ea. month 6 p.m. PT<sup>†</sup> moved to

accommodate HGH PDX

Marketing-Communications Committee 5.1.2024 3 p.m. PT

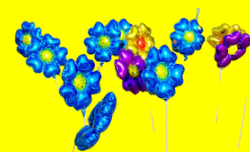
Development Committee 5.14.2024 2nd Tues. ea. month  
6 p.m. PT





# DRAGONSLAYER TRIBUTE FUND

## APRIL NEW TRIBUTE FUNDS



**JESSE ENGLAND**



There's a saying my Uncle once said about Jesse, "If you knew him, you loved him." You see, Jesse was the kind of person who was diplomatic, generous to a fault, and positively insightful in ways that seemed impossible. To this day, whenever I encounter conflict in my life, I still see the soft smile lines form around his eyes and hear his words of comfort which always ended in mutual laughter.

Jesse England was my husband, mentor, and most importantly, my best friend. He was diagnosed with a Malignant Peripheral Nerve Sheath Tumor in 2019 at the age of 36.



**BOB ORTBLAD**



In 2008 my wife and I dropped our daughter Margaret off for her first day at the University of San Diego. The day after our return I had the first of a dozen surgeries on my left knee to remove a tumor. Two years of surgery, chemo, and radiation treatment for stage-four cancer saved my leg and probably my life.

### **TRIBUTE FUNDS**

Dragonslayer Tribute Funds are established by friends and/or families to honor the lives of specific Sarcoma patients, survivors, or loved ones lost to Sarcoma. These funds assist the Northwest Sarcoma Foundation in its mission and ensures that

**No One Faces Sarcoma Alone**  
**You helping to create *thri-vors* in 2024!**

# YOU'RE INVITED

**Portland**  
Thursday,  
May 9  
6-7:30 pm



**Location:**  
Imperial  
Bottle Shop  
Tickets:  
\$50

We invite you to join us to provide HOPE (happiness, optimism, positive encouragement). Tickets are \$50 - including heavy appetizers and 1 drink ticket. Tickets are limited. Get yours soon!

5.9 - Portland @ Imperial Bottle Shop 6 - 7:30 p.m.



# 2024 NWSF EVENTS



Register!

## JANUARY

### Patient Education Night

**25** **Topic:** Chemo! Radiation!  
A Port! OH MY!  
RN Panel Discussion



[Watch Video](#)

## FEBRUARY

### Researcher Update Night

**21** **Topic:** Tenosynovial giant  
cell tumor  
Dr. Elizabeth Loggers



[Watch Video](#)

## MARCH

### 06 Dragonslayer Days

Seattle Children's Hospital

### 16 Knights Unite

UW Horticultural Center

### 30 Community Fun Event

Pratt Fine Arts Center

## APRIL

### 01 Dragonslayer Days

Randall Children's Hospital

### 18 Hope Grows Here

Wonder Market - Spokane

### 27 Hope Grows Here

Seattle Yacht Club

### 30 Sarcoma Journal Club

Dr. Kenny Gundle

## MAY

### 09 Hope Grows Here

Imperial Bottle House - Portland

### 11 Community Fun Event

UW Baseball

### 14 Patient Education Night

Radiation Therapy

### 15 Dragonslayer Days

Providence Sacred Heart

### 18 Community Fun Event

Board & Brush

## JUNE

### Researcher Update Night

**25** **Topic:** PComas and new  
treatments

Dr. Michael Wagner

### 26 Sarcoma Journal Club

Dr. Duncan Ramsey

## JULY

### Researcher Update Night

**23** **Topic:** Chondrosarcoma  
and chonDragon tx  
Dr. Lara Davis

## AUGUST

### Researcher Update Night

**06** **Topic:** Gastrointestinal  
stromal tumor (GIST)  
Dr. Limin Zhu

### 25 Community Fun Event

Hillsboro Hops

## SEPTEMBER

### 07 Dragonslayer Walk

Portland

### 14 Dragonslayer Walk

Boise

### 15 Dragonslayer Walk

Spokane

### 21 Dragonslayer Walk

Seattle

## OCTOBER

### Patient Education Night

**16** **Topic:** Palliative care  
Dr. Elizabeth Loggers

## NOVEMBER

### 06 Sarcoma Journal Club

Dr. Jeremy Sharib

### 09 Community Fun Event PDX

Birdie Time Pub &  
Mini-Golf

### 09 Community Fun Event SEA

Pratt Fine Arts Center

## DECEMBER

### Patient Education Night

**03** **Topic:** Pathology - The  
hidden heroes  
Dr. Chen & Dr. Kao



## Casual Chat



**Casual Chat: SURVIVORS OF SARCOMA ANGELS**  
Casual chat for anyone who has lost someone to Sarcoma.  
Fourth Monday of every month  
6 - 7:30 p.m.  
Register today to receive Zoom link.  
2nd Wednesday @ 6p.m. PT  
4th Monday @ 6p.m. PT

**CASUAL CHAT: SARCOMA CAREGIVERS**  
Casual chat for anyone who cares for someone with Sarcoma.  
Third Tuesday of every month  
6:00 p.m. (Pacific Time)  
Register today to receive Zoom link.  
3rd Tuesday @ 6p.m. PT

**NORTHWEST SARCOMA FOUNDATION**  
HOPE EDUCATION SUPPORT

Casual Chats are free events, register once, the same Zoom link each time.

[Adult patients & survivors](#): Second Wednesday of every month.

Next meeting, 4/10/2024 6 - 7 p.m.

Led by either Jo McNeal or Chelsea Winn

[Caregivers](#): Third Tuesday of every month.

Next meeting, 4/16/2024 6 - 7 p.m.

Volunteer peer-led by Anita Nelson

[Sarcoma Bereavement](#): Fourth Monday of every month.

Next meeting, 4/22/2024 6 - 7 p.m.

Volunteer peer-led by Elana Emlen

## Dragonslayer Walk Registration is open

[Portland 9.7.2024 @ Gabriel Park](#)

[Boise 9.14.2024 @ Ann Morrison Park](#)

[Spokane 9.15.2024 @ Mission Park](#)

[Seattle 9.21.2024 @ Magnuson Park](#)

[Volunteers needed at each location!](#)



**SLAYERS UNITE**

**PORTLAND 9.7.2024**

**BOISE 9.14.2024**

**SEATTLE 9.21.2024**

**SPOKANE 9.15.2024**

**NORTHWEST SARCOMA FOUNDATION**  
HOPE • EDUCATION • SUPPORT

## CONNECT WITH OTHER SARCOMA PATIENTS



# Smart Patients

[Join the community](#)

Patients and caregivers are invited to join the Sarcoma community with Smart Patients.

Individuals (18 years and older) can join the community by securely sharing their email address and setting up a free personal account. Once the account is confirmed participants will have access to information, and resources, and be able to participate in community conversations on topics of interest.

About Smart Patients:

Smart Patients is an online community where patients and their families affected by a variety of illnesses learn from each other about treatments, challenges, and how it all fits into the context of their experience. While providing patients with safe and high-quality peer support, we help the healthcare system learn from patients to serve them better.

## NEW NWSF SWAG



We've added some NWSF swag! 3 designs - children & adult sizes. We've teamed up with Snarky Cancer - an organization that understands and has lived Sarcoma, to create our start of NWSF swag options. We are starting with a few choices to see what may be the most popular. Get your NWSF swag today, start shopping:

**SHOP**



# NW SARCOMA OUT IN THE COMMUNITY

## Community Fun Day at Artful Ashes

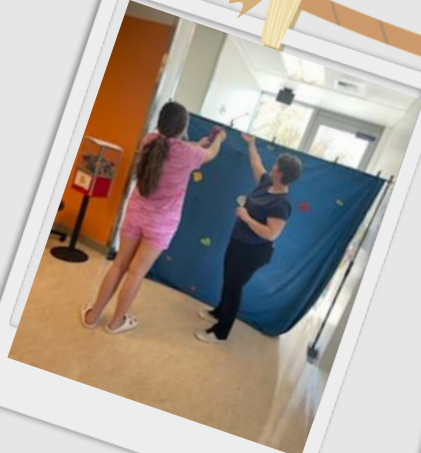


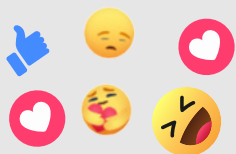
Glassblowing  
Community Fun  
event with glass  
artists - Minhi  
England!  
Community Fun  
events are a time  
for our Sarcoma  
community to  
come together.



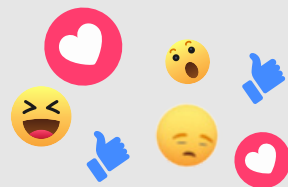
Pediatric Fun Days  
are a chance for us  
to connect with our  
pediatric patients  
while they are in  
treatment. We  
provide a fun activity  
and games. We  
deliver fun packages  
to those that are not  
able to join us in the  
communal room.

## Pediatric Fun Day at Randall's Children's Hospital





## APRIL'S SOCIAL MEDIA BESTS



Dragonslayer  
Days

Randall Children's Hospital  
Thank you volunteers  
and staff!

Follow  
-US-



Follow  
-US-



**MEET  
DOM**

*I am a  
Dragonslayer*

My name is Dominic and in 2022 when I was 7 years old I was diagnosed with Ewings Sarcoma of my kidney. This journey has been very hard on me, and even though I had to lose my kidney, I have been able to get through it with a lot of help from my parents and my family, and with the help of this foundation. I know God has big plans for me and I will continue to fight!!

Check out all our personal stories on our website. You can help in their fight to slay the dragon.

**NORTHWEST  
SARCOMA  
FOUNDATION**  
HOPES • EDUCATION • SUPPORT

Thank You  
2024 Corporate Partners



COPYRIGHT © 2024 NORTHWEST SARCOMA FOUNDATION, ALL RIGHTS RESERVED.

YOU ARE RECEIVING THIS EMAIL BECAUSE YOU HAVE SUPPORTED OR BEEN SUPPORTED BY THE NORTHWEST SARCOMA FOUNDATION.  
WE DO NOT SELL ANY SUPPORTER INFORMATION.

OUR MAILING ADDRESS IS:  
NORTHWEST SARCOMA FOUNDATION  
117 E. LOUISA STREET #443  
SEATTLE, WA 98102

[WEBSITE](#)

WANT TO CHANGE HOW YOU RECEIVE THESE EMAILS?  
YOU CAN UPDATE YOUR PREFERENCES OR UNSUBSCRIBE FROM THIS LIST.

[DONATE](#)